

Carilyn Ellis, PsyD, MSCP

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Oregon Psychologist License # 2595

EDUCATION

Doctor of Psychology (PsyD) Clinical Psychology
George Fox University, Newberg, OR
APA Accredited Program
Internship: Salt Lake VA Medical Center, APA Accredited Program

Master of Sciences Clinical Psychopharmacology (MSCP)
Farleigh Dickinson University, Teaneck, NJ
APA Designated Program

Master of Arts (M.A.) Clinical Psychology
George Fox University, Newberg, OR

Bachelor of Arts (B.A.) Psychology
University of Alaska Fairbanks, Fairbanks, AK

CLINICAL EXPERIENCE

Autumn Leaf Therapeutic Services, Salem, OR 8/2019 t Present
Psychologist

- Provide in home and office based clinical services for chronic medical conditions, oncology, chronic pain, and traditional mental health.
- Collaborate with multiple medical clinics and providers locally for direct referral and coordination of care.
- Supervision of students and trainees.
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03/2022

(Springfield Family Physicians)
Integrated Primary Care Psychologist (Temporary Contract)

- Provide clinical services in outpatient primary care and urgent care settings.
- Individual therapy, group therapy, behavioral health, and consultation to medical team.
- Clinical education and clinical psychopharmacology education and consultation.
- Community education program and training program development

Salem Health, Salem, OR

8/2019 t 1/2022

Community Health Education Provider in University Series

-In collaboration with Occupational and Physical Therapy, development and provision of a 6-session pain education, movement and behavioral health based program. Monthly community offering.

Salem Health Salem, OR

3/2018 to 8/2019

Psychologist Physical Medicine and Rehabilitation (75%)

Integrated Pain Psychologist Pain and Palliative Medicine (25%)

- Provide comprehensive clinical services in Physical Medicine and Rehabilitation and integrated care in Pain Medicine and Palliative Care.

- Comprehensive evaluation, brief psychological and cognitive assessment, individual and group treatment, shared medical appointment.

- Working with interdisciplinary team in development of a pain education and treatment program.

Supervise practicum students from Pacific University and George Fox University

Developer, Pain University Series

-In collaboration with Occupational and Physical Therapy, development of a 6-session pain education, movement and behavioral health based program.

Samaritan Pacific Communities Hospital Waldport, OR

8/2015 to 3/2018

Primary Care Psychologist

- Provide clinical services in the Waldport Clinic (Federal/CMS rural health clinic) and additional clinics of the Pacific Communities Hospital.

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Professional Issues (2 cr)
History and Systems of Psychology (3 cr)
Psychopharmacology (2 cr)
Practicum II, Practicum III, Pre-Internship, and Internship

George Fox University
Adjunct Professor

8/2021 to Present

Course Title: MMSC 520 Behavioral Medicine, 2 Credit Hours, Graduate Level

Course Prerequisites: Admission to the MMSct PA Medicine Program

Course Description: This course covers mental health conditions and include the pathophysiology, neurophysiology, evaluation, diagnosis, detection, and treatment of each. Topics covered include but are not limited to: Death, Dying, and Loss, Normal and Abnormal Development Across the Lifespan, Psychiatric Clinical and Diagnostic Tools and Skills, Response to Illness, Injury, and Stress, Violence Identification and Prevention, Human Sexuality, Substance Use Disorder, Cultural and Genetic Psychiatry, Mood/Depression/Conduct Disorders, Anxiety/Stress Disorders, Provider Wellness and Impairment, Somatoform Disorders, Sleep Disorders, ASD/ADHD, Schizophrenia and Related Disorders, Autism Spectrum Disorders, Personality Disorders, Eating Disorders, and associated Pharmacotherapeutics.

Semester/Year: Spring 2022

Course Title PSYD 510 Psychopharmacology, 2 Credit Hours, Graduate Level

Course Description: An introduction to the foundations and principles of clinical psychopharmacology, with an additional emphasis on the interrelationship of the psychologist in clinical settings.

Extended Description: Psychopharmacology is designed to give you a basic background in the drugs used for the treatment of various psychological / psychiatric disorders. You will learn core drug knowledge, learn how these particular drugs work, look at the management of these drugs, look at ways to maximize therapeutic outcomes.

Course: Group Psychotherapy
Lesson Plan: Prepared PowerPoint presentation, case example and classroom exercise on process and structured groups
Supervising Course Professor: Arda Midgett, Ed.D, LPC

Assistant Instructor (11/3, 12/3)

Course: Psychological Measurement
Lesson Plan: Prepared PowerPoint presentation, case example and classroom exercise on psychological assessment
Supervising Course Professor: Teresa Z. Taylor, Ph.D.

George Fox University 9/2010 t 3/2011

Teaching Assistant (9/2010- 12/2010)

Course: Ethics for Psychologists
Supervising Course Professor: Rodger Bufford, PhD

Teaching Assistant (2011 t 4/2011)

Course: Integrative Approaches to Psychology
Supervising Course Professor: Rodger Bufford, PhD

Assistant Instructor (3/17/2011)

Course: Integrative Approaches to Psychology
Lesson Plan: Prepared PowerPoint presentation and classroom discussion of theories of Integration
Supervising Course Professor: Rodger Bufford, PhD

RESIDENCY/FELLOWSHIP

† = * Newberg, OR 3/2015 t 8/2015

Resident Psychologist (12 hours/week)

Supervisor: Mary Peterson, PhD

Completed clinical rotation in maternal medical home and postpartum care.

Providence Newberg Medical Center, Newberg, OR 3/2015 t 8//2015

Resident Psychologist (20 hours/week)

Supervisor: Mary Peterson, PhD

Completed clinical rotation in total joint replacement screening and pain management.

Boise VA Medical Center, Boise, ID 8/2014 t 3/2015

APA Accredited Postdoctoral Fellowship (40 hours/week)

Supervisor: Danae Perce, PhD

Completed clinical rotations in oncology and primary care. Left fellowship four months early in good standing, with program approval, to return home to Oregon to aid in the care of father when he was placed on hospice

INTERNSHIP

VA Salt Lake City Healthcare System, Salt Lake City, UT 7/2013 t 7/2014

APA Accredited Internship (40 hours/week)

Supervisor: Sarah Turley, PhD

All modalities learned with formal, in-person training with manualized format, supervision and review of sessions through direct observation, audiotape and/or videotape

- Cognitive Behavioral Therapy (CBT) Theoretical Orientation
- Acceptance and Commitment Therapy (ACT)
- Dialectical Behavioral Therapy (DBT)
- Cognitive Processing Therapy (CPT) National Certification
- Client-Centered Therapy (CCT)
- Prolonged Exposure (PE)
- Motivational Interviewing (MI)

RESEARCH

Study Coordinator/Investigator 2018- 2019
Treatment Outcomes in MAT vs. taper protocols for high opiate use (>120MEDD) psychological comorbidities, predictors of and barriers to treatment outcomes

evaluating psychiatric and cognitive functioning across the first two months of remission from methamphetamine dependence *Addictive Disorders and Their Treatment* Mar;15(1):15.

Huckans, M., Fuller, B., Wheaton, V., Jaehnert, S., & Ellis, C. et al. (2015). A longitudinal study evaluating the effects of interferon alpha based antiviral therapy on cognitive and psychiatric function in adults with chronic hepatitis C virus infection *Journal of Psychosomatic Research* Feb;78(2):18-22.

Ellis, C., Jaehnert, S., Plagge, J., Stotz, D., Loftis, J., Hoffman, W. & Huckans, M. (2014). Everyday problems with executive dysfunction and impulsivity in adults recovering from methamphetamine addiction